Dear CSU Parents & Families,

Welcome to the August 2007 edition of the CSU Parent & Family Newsletter! Each month you will receive an email newsletter with important dates and information to provide a window into your student’s world at Colorado State University. We hope to partner with you to support your student’s success and to keep you “in the know” about CSU.

This newsletter includes the following information focused on the beginning of a new school year:

- **Important Dates for Fall 2007 & Spring 2008** (see attached)

- The 2007 Ram Welcome schedule for new students & their families (returning students can volunteer to welcome new students!) Go to [http://ramwelcome.colostate.edu/schedule/](http://ramwelcome.colostate.edu/schedule/) to access the complete schedule. Please note: All new students (freshmen & transfers) are expected to participate from August 16 through August 19, 2007.

- The 2007 Homecoming & Family Weekend Schedule for ALL families. Go to [http://www.homecoming.colostate.edu/](http://www.homecoming.colostate.edu/) to access the complete schedule. For the first time, families who register for Family Weekend receive a major discount for CSU football tickets!

- **Information about Student Health Insurance** (see attached)

- Terrific resources for parents & families about alcohol use among college students. Please know that you remain the biggest influence on your student regarding drug & alcohol use. Check out this link for amazing resources just for parents: [http://higheredcenter.org/parents/](http://higheredcenter.org/parents/)

- Lastly, over the past year, we developed a number of [Learning, Involvement & Support Objectives for the Parent & Family Program](#) based on feedback and input from CSU parents and families across the country as well as from researching the Best Practices for Parent & Family Programs. (see attached)

Please watch for future emails regarding new & exciting developments regarding the Parent & Family Council, the Parents Fund, and the Parent & Family Program Review! Feel free to contact me through email or phone if you have any questions or concerns. I may not know the answer immediately, but I
will do my best to connect you with the great resources here on campus and in the community. If you do not wish to receive this newsletter, please follow the instructions below to unsubscribe. If you would like to receive this newsletter at a different email address, please email me (Jody.Donovan@colostate.edu) directly with your new address.

Best wishes for a wonderful August in preparation for your student’s return to campus and as always, thanks so much for partnering with us to support student success!

Sincerely,

**Jody**
Jody Donovan
Assistant to the Vice President for Student Affairs/
Director of Parent & Family Programs

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**Colorado State University**

**Important Dates**

<table>
<thead>
<tr>
<th>Fall 2007</th>
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<tbody>
<tr>
<td><strong>August 14</strong></td>
<td>Fall Next Step and Preview Orientations</td>
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<tr>
<td><strong>August 16 – 19</strong></td>
<td>Ram Welcome: Experience CSU!</td>
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<tr>
<td><strong>August 16</strong></td>
<td>Residence Halls Open for Move-In</td>
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<tr>
<td><strong>August 19</strong></td>
<td>Last Day to Cancel Registration (no assessed tuition &amp; fees)</td>
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<td><strong>August 20</strong></td>
<td>Classes Begin</td>
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<tr>
<td><strong>August 20</strong></td>
<td>$50 Late registration fee for adding 1st class</td>
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<td><strong>September 3</strong></td>
<td>Labor Day – no classes – all offices are closed</td>
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<td><strong>September 1</strong></td>
<td>CSU vs. CU Football Game, Invesco Field</td>
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<td><strong>September 5</strong></td>
<td>Registration closes</td>
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<td><strong>September 12</strong></td>
<td>Division of Student Affairs Day</td>
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<td><strong>October 5 – 7</strong></td>
<td>Homecoming &amp; Family Weekend</td>
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<td><strong>October 15</strong></td>
<td>Course withdrawal period ends</td>
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<td><strong>October 22</strong></td>
<td>Registration begins for Spring 2007 for continuing students</td>
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<td><strong>November 17</strong></td>
<td>Fall Recess begins</td>
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<td><strong>November 23 closed</strong></td>
<td>University Holiday – all offices are</td>
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<td><strong>November 26</strong></td>
<td>Classes resume</td>
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<td><strong>December 7</strong></td>
<td>Classes end</td>
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<tr>
<td><strong>December 7</strong></td>
<td>University Withdrawal ends</td>
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<tr>
<td><strong>December 10</strong></td>
<td>Final examinations week begins</td>
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<td><strong>December 14-15, 2007</strong></td>
<td>Commencement Ceremonies</td>
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<tr>
<td><strong>December 24 – 26 closed</strong></td>
<td>University Holiday – all offices are</td>
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Spring 2008

January 1 University Holiday – all offices are closed
January 17 Residence Halls Open for Move-In
January 17 – 18 Spring Next Step and Preview Orientations
January 21 Martin Luther King Day – no classes
January 21 Last Day to Cancel Registration (no assessed tuition & fees)
January 22 Classes Begin
January 22 $50 Late registration fee for adding 1st class
February 6 Registration closes
February 26 First Generation Scholars Award Dinner
March 15 Spring Recess begins
March 24 Classes resume
March 24 Course withdrawal period ends
March 30-31 Cesar Chavez Celebration
May 9 Classes end
May 9 University Withdrawal ends
May 12 Final examinations week begins
May 16-17 Commencement Ceremonies
May 19 First Day of Summer Session Classes

Enhancements to Student Health Insurance

By Raydean Canfield, Hartshorn Health Service

Hartshorn Health Service and the Student Insurance Office at Colorado State University, is extremely pleased to offer a health insurance plan for off-campus care with many plan enhancements that will benefit students and their dependents beginning fall 2007 semester.

A redesign of the plan to incorporate PPO networks (First Health and Summit Direct) will maximize savings and reduce out-of-pocket expenses for insured students and their dependents. Significant savings can be achieved with PPO network providers who agree to accept lower rates for their medical care. This will result in the overall cost for coverage to be less.

The coverage can begin as early as August 20, 2007, provided the student enrolls on the plan through the registration process or comes to the Student Insurance Office, upper level, Hartshorn Health Service, no later than Wednesday, September 5, 2007. Compare this plan with your student’s current insurance. The cost could be less than you are currently paying for and consider how convenient this plan would be for a student on campus who is accessing care at Hartshorn Health Service first before being referred out into the community to a network provider.
Visit our web site at [www.hartshorn.colostate.edu](http://www.hartshorn.colostate.edu) AND “click” on Student Insurance to obtain more information specific to benefits, plan provisions, eligibility, list of network providers, etc. This web site will also allow you to download a copy of the 2007-2008 Accident and Sickness Insurance Plan brochure. Also, please feel free to contact the Student Insurance Office at (970) 491-5118 with any questions/concerns you may have.

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Outcomes for Colorado State University Parents and Families

“Learning, Involvement and Support”

Students’ transition to college can often impact individual family members as well as the family unit as a whole. At the same time, parents and families can significantly influence students’ transitions. Colorado State University actively partners with students’ parents and families to support students’ academic success and personal development while also assisting families to become appropriately involved and connected with their students and the University.

Colorado State University created Learning, Involvement and Support Outcomes for CSU parents and families who choose to participate in the variety of programs and services specifically designed for them. Therefore, Colorado State’s Parent and Family Programs will assist parents and families to:

- Understand transition models as they relate to students and family members’ transition experiences when students enroll in higher education.
- Become aware of the variety of concerns and behaviors related to students transitioning to college and employ developmentally appropriate strategies to effectively support students through this process.
- Support students’ academic endeavors by celebrating exploring new interest areas, engaging in conversations about learning, and pursuing lifelong learning.
- Learn about Colorado State University’s student support services, resources and programs, and empower students to access these services when seeking assistance.
- Develop new relationships with their students that acknowledge and support the developmental process of becoming mature, productive, and engaged citizens of a global society.
- Recognize that many students will make mistakes and use poor decision-making while in college, and must be held accountable for
their choices in order to learn how to be more successful in the future.

- Balance students’ need to be independent with the need to contact appropriate campus or community resources if students’ physical or mental health is at risk.
- Encourage their students to learn about others’ diverse cultures, values, beliefs, and practices while also exploring their own unique backgrounds and ideologies for improved awareness of self and others.
- Develop a positive relationship with Colorado State University through participating in campus events, supporting student involvement, giving to the University through outreach, service or fundraising, and advocating on behalf of Colorado State at the local, state, and federal levels.